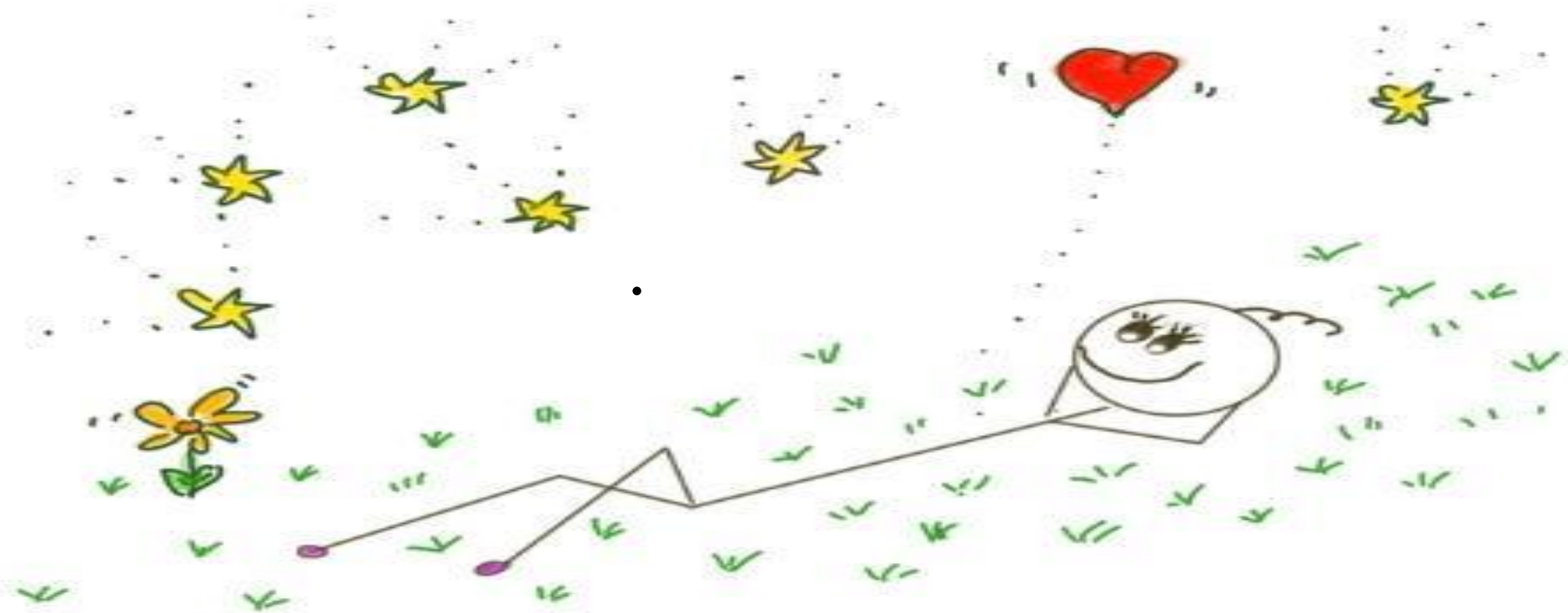
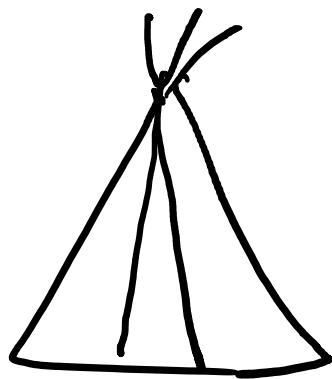
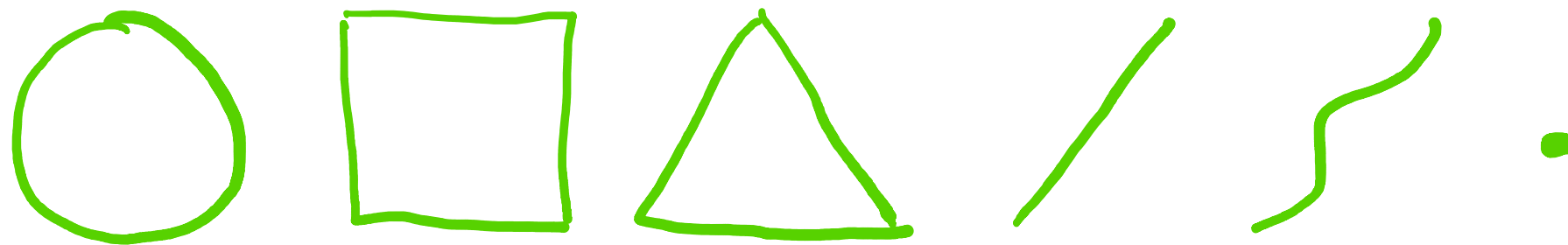
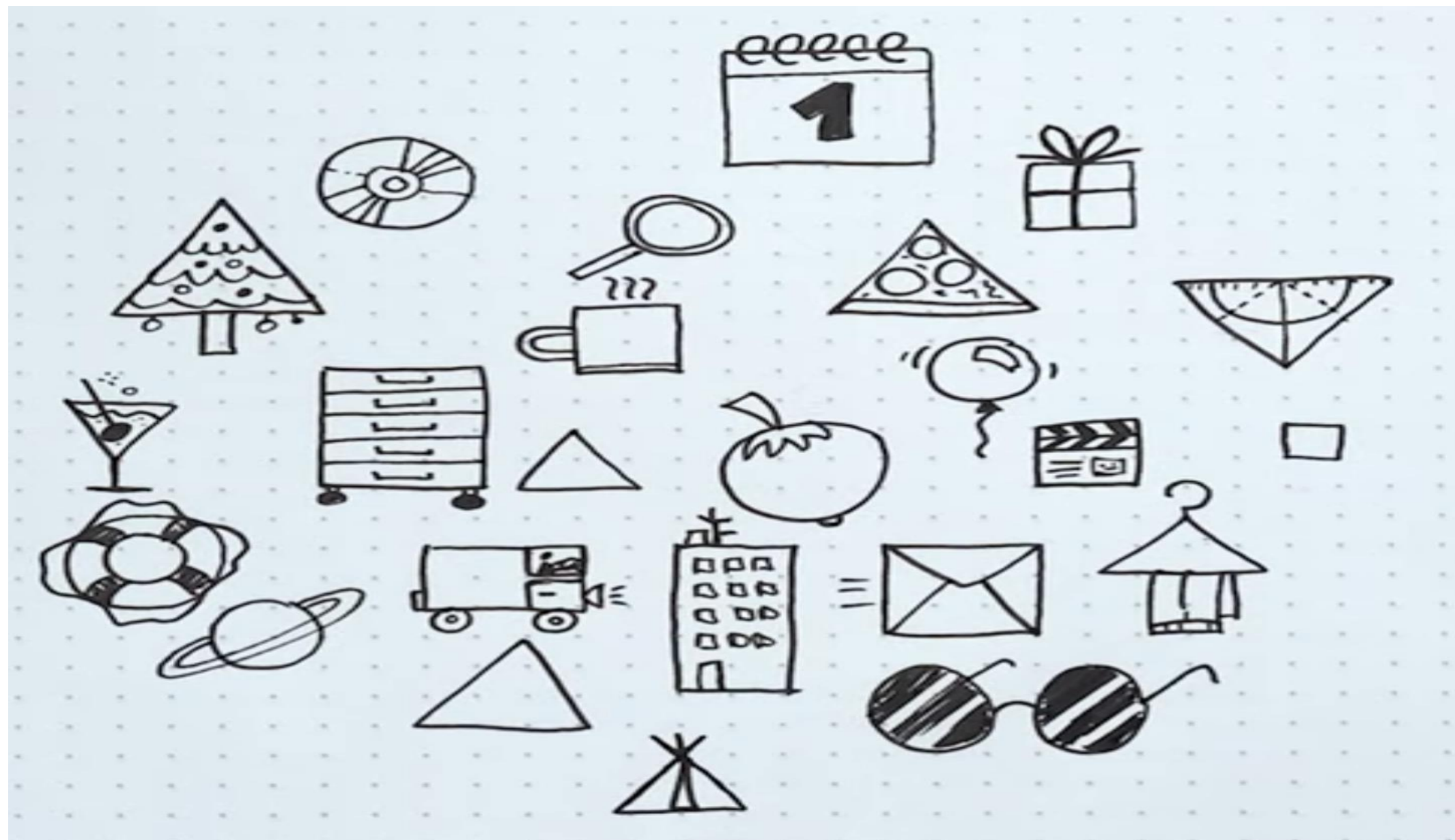


Sketchnotes







Gesichter

< Titel



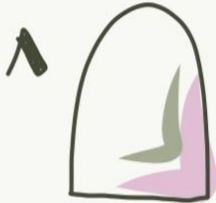
	1	2	3	4	5	6	7
Kopf							
Frisur							
Auge							
Nase							
Mund							
Braven							



Menschen typen

TYP "SIMONE"

"BAUKASTEN"



KÖRPER



Beine
+ Füße



ARME
+ HÄNDE



KOPF



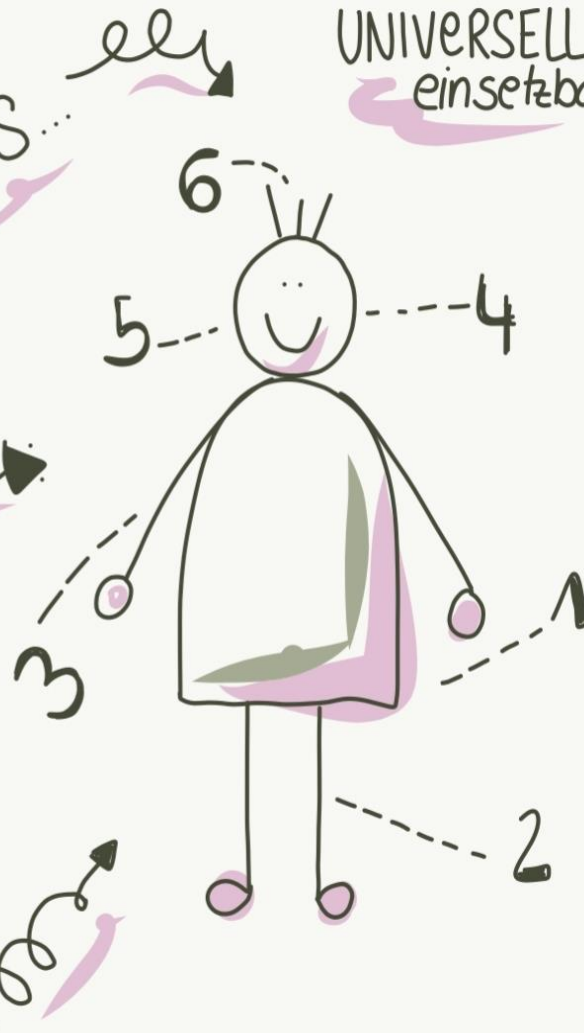
GESICHT

6

Haare

6 STEPS...

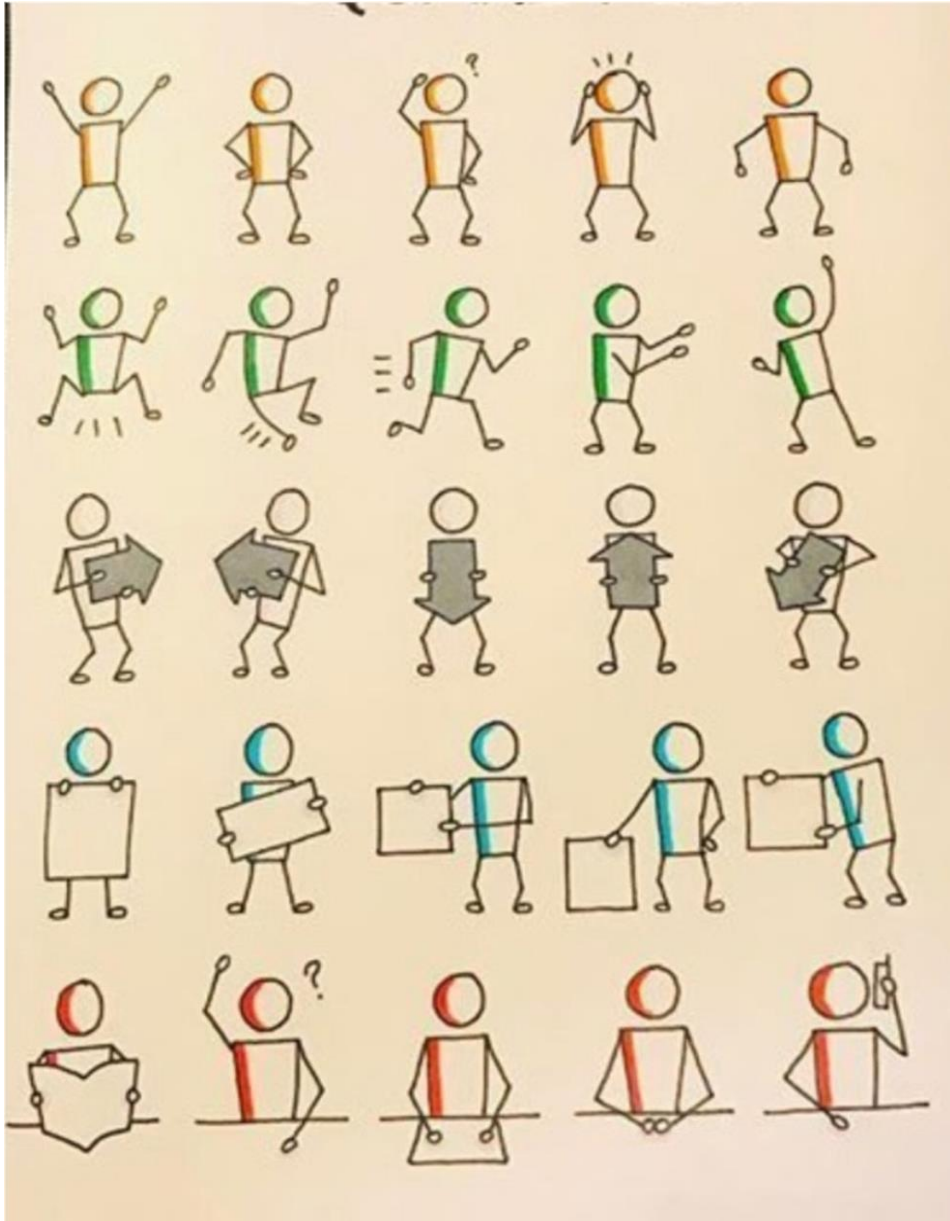
UNIVERSELL
einsetzbar



Experimente: Alles verknüpfen



Strichmännchen



Lara Romero -- iditujos.tumblr.com

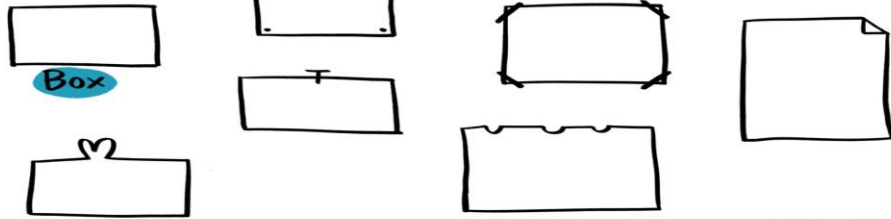
liua



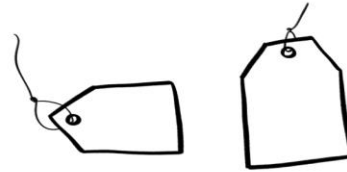
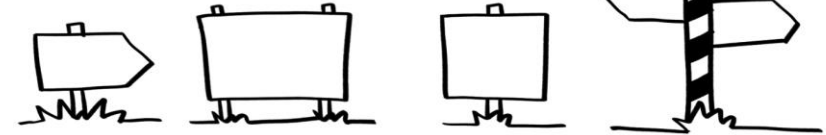
Container

CONTAINER

[Grundformen]



[Sonderformen]



EINKAUFEN

Getränke



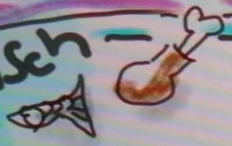
Obst & Gemüse



MILCHPRODUKTE



Fisch



Imbiss

Getreide



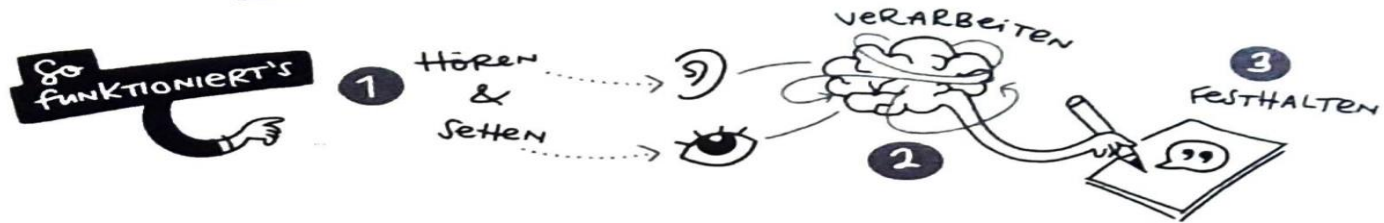
HAUSHALT + DROGERIE



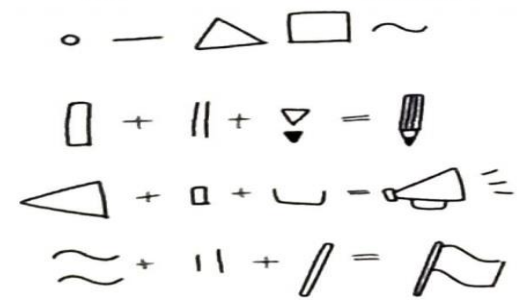
Schriftarten



SKETCHNOTE TUTORIAL



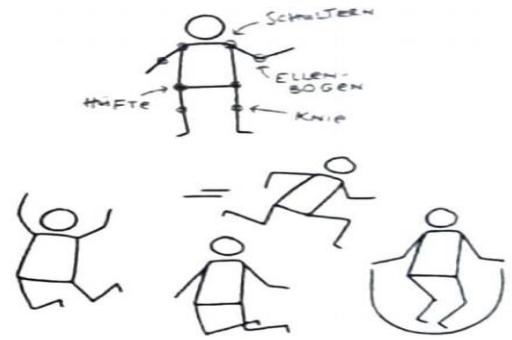
Aus einfachen Formen
SYMBOLE Bauen



SYMBOLBIBLIOTHEK
AUFBAUEN



FIGUREN



GESICHTER

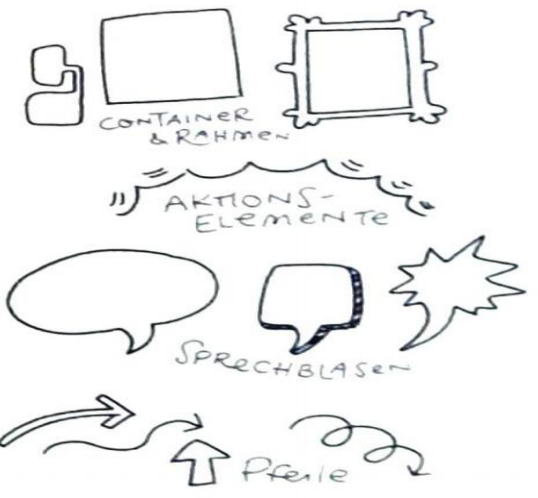


SCHRIFT

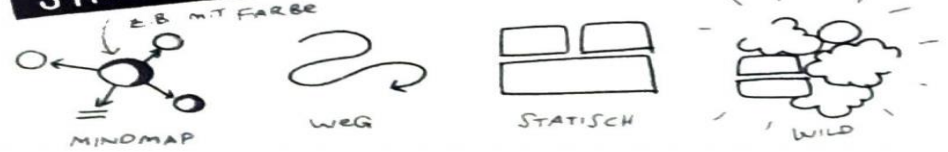
WICHTIGE WÖRTER
HERVORHEBEN
 z.B. DICKE
GRÖßER
MEHR KONTRAST
UNTERSTRICHEN

Stile MIXEN

ELEMENTE



STRUKTUR





HÖREN
AUF NEHMEN



VERSTEHEN



Schreiben
u. zeichnen



FORMEN / LINIEN

□ ▲ ○ / ~

Simple

BILDER

MENSCHEN + EMOTIONEN

TEXTE ABC

FETT AUFFÄLLIG

AUFZÄHLUNG

BANNER

KOMMUNIKATION



BLATTGESTALTUNG



über den Tag Momente schaffen



Ich bin dankbar für....

Achtsamkeit



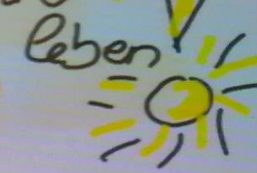
Was tust Du, damit es Dir gut geht? ❤️



BIO GRATIE ARBEIT VERBUNDEN

GLÜCK

IN SEINEN STÄRKEN



Biografie

Familie

Weitergabe

Wissen

Handwritten notes: "helfen", "sich", "stärken", "erhalten", "weitergeben"

Zeitzeugen

Erfahrungen

Bekanntheit

ERZÄHLEN (with smiley face)

schreiben (with pencil icon)

Zeichnen (with smiley face icon)

Collage (with collage icon)

Postkarten Spiel (with envelope icon)
Lebenslinie (with line graph icon showing 10, 20, 30, 40)

TAGEBUCH (with book icon)

DANKBRIEFETS (with envelope icon)
BRIEF

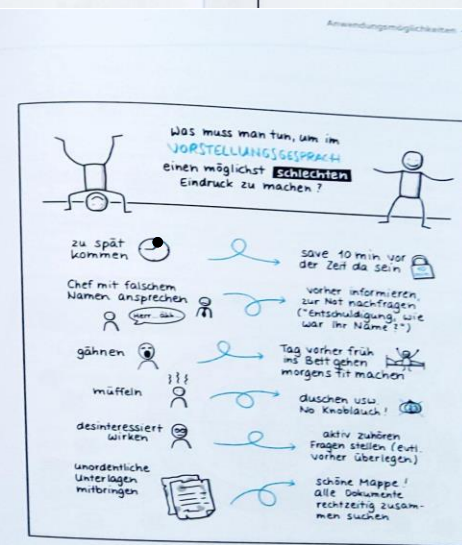
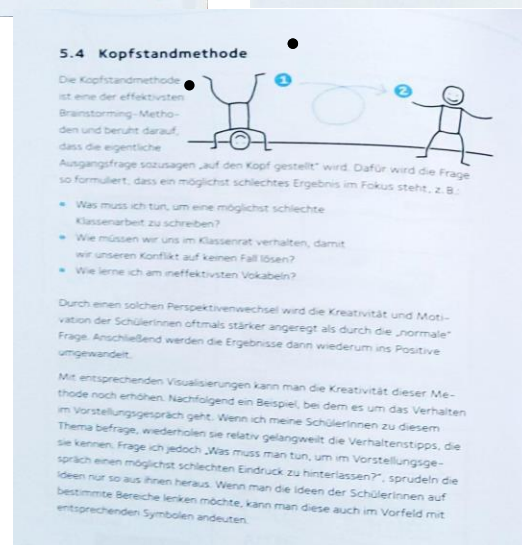
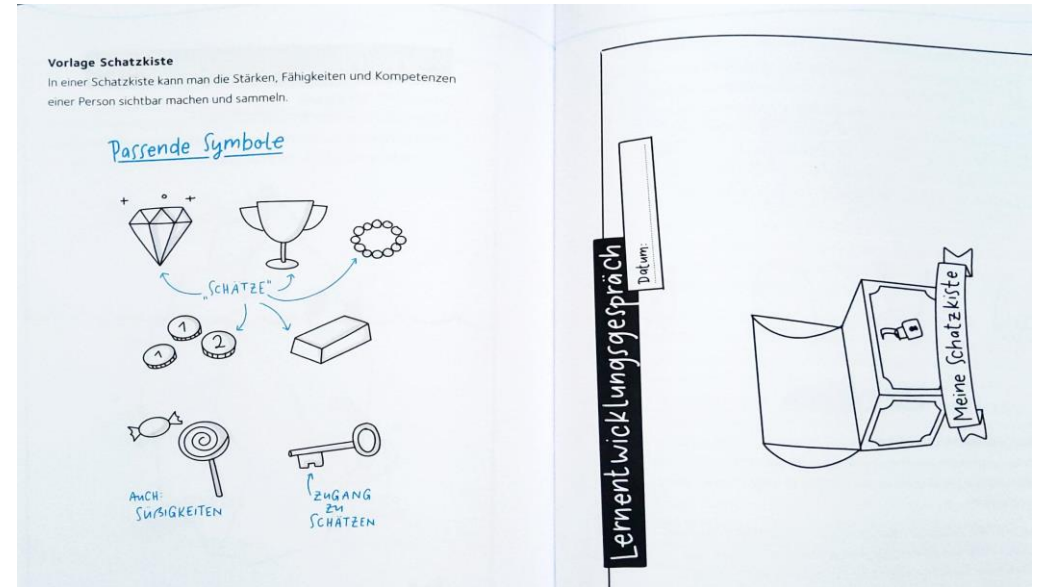
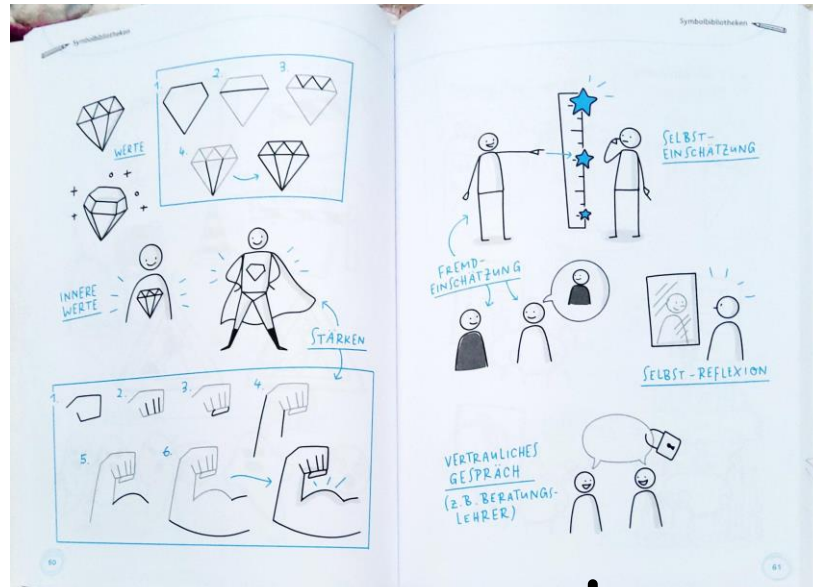
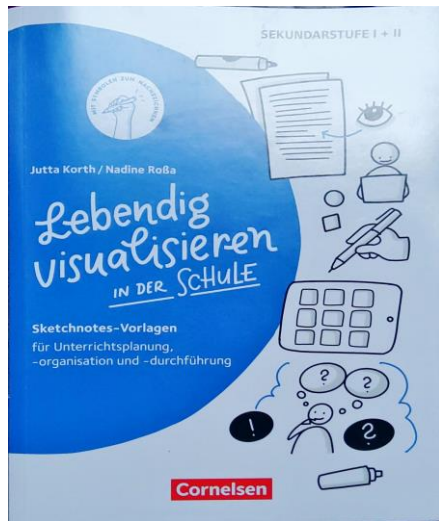
STEINE (with stones icon)

Glaubenssätze neu schreiben / verändern

Ich bin NEU gut so wie ich bin (with red heart icon) Energiearbeit (with red flower icon)



Lebendig visualisieren in der Schule



- <https://www.simoneabelmann.com>
- <https://sketchnote-love.com/sketchnotes-in-der-schule-einsetzen-so-gehts/>
- <https://sketchnote-manufaktur.de>
- https://www.startnext.com/soulshine-sketchnotes?utm_source=startnext&utm_medium=shorturl&utm_campaign=GHF
- <https://youtu.be/Vo-u3CULitc>
- <https://youtu.be/bmN-CMyGRoo>

